

WE PLEDGE TO KEEP IN MIND THE INTERESTS AND NEEDS OF THOSE WITH **DISABILITIES** AND SUPPORT THEIR INTERESTS WHERE POSSIBLE

to attain independence, self-determination, integration and acceptance by others through education, exploration and experience.

POWER POINTS:

- Ask before providing assistance.
- ☑ Be respectful in words and actions.
- Include people in activities, clubs and events.
- Listen and communicate directly with the person.
- dentify how a program, goods or services can be adapted for inclusiveness.
- Take the initiative to assure diversity with activities, participants or employees.
- ☑ Initiate changes to an environment for accessibility and inclusion.
- ☑ Educate yourself and others.
- ☑ Speak people-first language by defining the person, not a disability, limiting stereotypes and assumptions.
- ✓ FIRST step starts with you!

SIGNATURE	DATE

Take your pledge to the next level with a presentation, training, or guidance on how to implement inclusiveness and accessibility in your home or workplace. Support the next step to obtain the **PLEDGE TO POWER** seal of approval! For more information, please contact Dana Hammond at danahammond@abilitiesfirstny.org or 845.485.9803 ext. 384.

🕑 🗗 in

ABILITIESFIRSTNY.OR	2
	9

#PLEDGETOPOWER

BE A CHAMPION

for a more inclusive society and take Abilities First's PLEDGE TO POWER. It is a commitment to yourself and to your community to advance diversity and inclusion in one's personal, social and professional life. Collectively, we can strengthen awareness of the abilities of all of our neighbors. Join us in celebrating that all people are recognized and valued for their abilities *first*.

Sign, and keep the **Pledge to Power** section for reference, share on social media or post it proudly to inspire others.

Cut along the dotted line and return this half to: ABILITIES FIRST, Attn: Advancement Department, 70 Overocker Road, Poughkeepsie, NY 12603 or email to <u>info@abilitiesfirstny.org</u>.

BUSINESS, GROUP OR ORGAN	IZATION					
ADDRESS						
CITY	STATE	ZIP				
CONTACT NAME						
TITLE	PHONE					
EMAIL	WEBSITE					
WHERE DID YOU HEAR ABOUT THE POWER CAMPAIGN?						

□ YES, follow up with me regarding a presentation, training or guidance on how to implement inclusiveness and accessibility at my business/group/organization.

□ YES, sign me up for the Abilities First enewsletter. Be among the first to hear about events, news and more.