

Business

Abilities First announces five board appointments

By Taryn Clark

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POUGHKEEPSIE — Michael Flynn, director of marketing for MNC Stribbons, has been appointed president of the Abilities First board of directors.

In addition, the following individuals have been elected to the board: Francis Synan, vice president of M&T Bank's Middle Market Lending Group; Lorraine Heneka, director of internal audit for Hudson Valley Federal Credit Union; Suzanne Boyko, vice president and senior relationship manager for KeyBank's Hudson Valley/Metro New York district; and Bernadette Mack, licensed aesthetician with Hands On Massage & Wellness.

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