

Ribbon *Cuttings*

Abilities First



It was a beautiful day and a wonderful celebration of Abilities First's new Plaza Day Habilitation Center located at 60 Fireman's Way in the Town of LaGrange. And to be sure, daily life at Plaza Day Hab is full of activity! Each week staff creates an activity schedule for 16 medically involved adults with disabilities that are focused on sensory stimulation, teaching daily living skills and the therapeutic needs of each participant. In a typical week, groups may visit a candle store to stimulate their olfactory senses with the smell of scented candles,

visit the produce section of a grocery store to enjoy the sights of colorful fruit and have lunch in a local park. Participants also engage in a variety of skill building activities such as cooking, craft making, computer use, Scrabble and daily living skills.