

EMERGENCYONE

Immediate Care When Your Family Needs It The Most

New Windsor

**306 Windsor Hwy
845.787.1400**

Hyde Park

**4250 Albany Post Rd
Rt 9 behind McDonalds
845.229.2602**

Kingston

**40 Hurley Ave
845.338.5600**

Emergency One & Abilities First

A partnership for better health

Abilities First and Emergency One have teamed up to help you reduce medical costs and receive quality care.

At Emergency One, we accept your MVP HMO and Emblem Health Insurance Plans.

- ***Open 7 Days a week***
- ***A fraction of the cost of the ER***
- ***Little or no Wait Times***
- ***From Sprains to Strains or Colds and Flu***
- ***No Appointment Necessary***
- ***Lab and X-ray onsite***
- ***Open 8-8 Weekdays***
- ***Open 8-4 Weekends***



Unfortunately, many times personal problems are unavoidable. At Abilities First, we understand the importance of providing resources for issues such as: ***Substance Abuse · Depression · Family Problems · Marital Issues · Financial Issues · Work Related Concerns · Stress Management · Grief and Loss · Anxiety***

EAP is offered ***free of charge*** to employees and their immediate family members. We can assure you that your privacy will be guarded very carefully.

To Schedule an appointment call 845-338-5600 and ask for EAP.