

POWER CAMPAIGN

powered by ABILITIES FIRST



I PLEDGE

TO KEEP IN MIND THE INTERESTS AND NEEDS OF THOSE WITH **DISABILITIES** AND SUPPORT THEIR INTERESTS WHERE POSSIBLE

to attain independence, self-determination, integration and acceptance by others through education, exploration and experience.

POWER POINTS:

- A**sk before providing assistance.
- B**e respectful in words and actions.
- I**nclude people in activities, clubs and events.
- L**isten and communicate directly with the person.
- I**dentify how a program, goods or services can be adapted for inclusiveness.
- T**ake the initiative to assure diversity with activities, participants or employees.
- I**nitiate changes to an environment for accessibility and inclusion.
- E**ducate yourself and others.
- S**peak people-first language by defining the person, not a disability, limiting stereotypes and assumptions.
- FIRST** step starts with you!

SIGNATURE

DATE

Take your pledge to the next level with a presentation, training, or guidance on how to implement inclusiveness and accessibility in your home or workplace. For more information, please contact Dana Hammond at danahammond@abilitiesfirstny.org or 845.485.9803 ext. 384.

ABILITIESFIRSTNY.ORG



#PLEDGETOPOWER

BE A CHAMPION

for a more inclusive society and take Abilities First's **PLEDGE TO POWER**. It is a commitment to yourself and to your community to advance diversity and inclusion in one's personal, social and professional life. Collectively, we can strengthen awareness of the abilities of all of our neighbors. Join us in celebrating that all people are recognized and valued for their abilities *first*.

Sign, and keep the **Pledge to Power** section for reference, share on social media or post it proudly to inspire others.

Cut along the dotted line and return this half to:

ABILITIES FIRST

Attn: Advancement Department

70 Overocker Road

Poughkeepsie, NY 12603

or email to info@abilitiesfirstny.org.

FIRST NAME

LAST NAME

ADDRESS

CITY

STATE

ZIP

EMAIL

WHERE DID YOU HEAR ABOUT THE POWER CAMPAIGN?

YES, sign me up for the Abilities First newsletter.
Be among the first to hear about events, news and more.